

TypeFocus Guide

TypeFocus is a career assessment that helps you connect your interests, values, personality, and skills to academic programs and career paths.

Use this guide to explore your results, discover career options, and prepare for your future.


Let’s Make a Plan

After completing the five assessments, explore and save occupations and majors that match your results.

LET'S MAKE A PLAN

- Gather the facts
- Weigh your options
- For the ultimate insight into your career direction, download the Roadmap

Workbook: [Click Here.](#)



TIP:
Life is a matter of choices, and every choice you make makes you.
John C. Maxwell

Occupations matching assessments

The program has short-listed occupations based on your assessment results. You can explore them and their majors here.

View Roadmap


Create your career roadmap


When you have ranked and saved at least one occupation and one major, you can customize your career roadmap.


Create Your Roadmap

PART TWO

EXPLORE ALTERNATIVES

 Explore by Job title

 Explore by Cluster

 Explore by Comparison

Explore Alternatives

Search for specific careers, explore careers grouped in similar fields, and compare careers side-by-side.

What Can I Do With My Major?

Explore how your major connects to real careers and save careers that interest you for future planning

Political Science and Government - General					
A general program that focuses on the systematic study of political institutions and behavior. Includes instruction in political philosophy, political theory, comparative government, public opinion, political research methods, studies of the government and politics of specific countries, and studies of specific political institutions and processes.					
Save					
OCCUPATION		HOW TO BECOME ONE?		MATCHES	
Administrative Law Judges, Adjudicators, and Hearing Officers	Save	?		I	S
Arbitrators, Mediators, and Conciliators	Save	?		I	S
Criminal Justice and Law Enforcement Professor	Save	?		P	S
Equal Opportunity Representatives and Officers	Save	?		P	I S
Judges, Magistrate Judges, and Magistrates	Save	?		I	S
				EDUCATION	
				Advanced Degree	
				Advanced Degree	
				Advanced Degree	
				Bachelor Degree	
				Advanced Degree	

Are you Career Ready? & Skills Employers Want

Learn the skills and competencies employers look for and how to reflect them in your interview answers

3.Teamwork: Definition

Build and maintain collaborative relationships to work effectively toward common goals, while appreciating diverse viewpoints and shared responsibilities.

Imagine that you are asked by an interviewer, "Tell me a time when you demonstrated good teamwork/collaboration skills."

Describe the situation or task, what you did, and the result.

To develop this competency, research conflict resolution techniques and apply what you learned in one of your school, work or social groups. [Example](#)

Some examples of a Situation or Task to help you get started:

I have...

Participated in class research teams

Resolved conflict among others

Gathered input from others

Utilized strengths of team members

Sacrificed for the good of a team

If you need help to develop this competency, click [here](#).

* Situation/Task I was faced with:

* Actions I took reflecting this competency:

* Results demonstrating my competency:

Branding and Networking

Using your personality strengths, build a strong resume, prepare for interviews, and improve your networking

NETWORKING	
When you network, keep your personality strengths in mind.	
EXTRAVERTS	Use your social energy to meet with a wide variety of people. For you, more is better. Caution: learn to listen as well as share; keep your focus and ask for leads to continue networking.
SENSORS	Keep it straightforward and practical. Define the group you want to network with and maintain your focus. Caution: don't limit your options too much.
THINKERS	Make a logical plan and follow it. Establish a list of questions you want each person to answer. Keep notes. Caution: remember to express your appreciation to your contacts.
JUDGERS	Organize your time: plan, schedule, time frame, set goals, etc. Caution: remember that the big goal is to get employment - don't let your planning get in the way of that ultimate goal.

- TypeFlexing - the key to getting along
- Three stages of understanding type differences
- Reframing – the key to reducing conflicts
- Four myths of introversion
- How to listen like a pro
- How to NOT argue
- How to apologize when you've hurt someone

Resiliency

Learn and build strategies to stay motivated and manage stress during your job search